

“Understanding the Impacts of Climate Change and Extreme Heat on Women Informal Workers in Thailand”

In recent years, Thailand has been experiencing the continuous impacts of climate change, affecting livelihoods, health, and care responsibilities of women in the informal economy. However, these workers often have limited access to information and knowledge about the causes and consequences of climate change, making it difficult for them to effectively cope with its impacts.

In response, the Foundation for Labour and Employment Promotion, in collaboration with Climate Resilience For All (CRA), organized a series of focus group discussions to raise awareness about the impacts of climate change — particularly extreme heat — on the health and well-being of members, particularly women.

A total of six sessions were held, with 195 participants (20 men and 175 women). Each session included knowledge sharing on the definitions and causes of climate change and extreme heat, followed by small group discussions where members shared their own lived experiences of being affected by extreme heat in terms of health and livelihood.

The sessions also provided space for collective brainstorming on adaptation strategies for coping with a changing climate, as well as developing policy recommendations to be conveyed to relevant stakeholders.

The six focus group sessions engaged participants from the following member groups:

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1. 8 June 2025 (Morning Session) for female domestic workers in Bangkok of 30 members at Girl Guides Association of Thailand, Victory Monument.

Reflection from participants:

“I would like more trainings like this so members can better understand the issue of global warming, because it is directly relevant to our work”



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2. 8 June 2025 (Afternoon Session) for motorcycle taxi drivers in Bangkok of 38 members (30 women and 8 men) at Girl Guides Association of Thailand, Victory Monument.

Reflection from participants:

“We gained more knowledge about global warming. It was a very good training, and I hope it will continue.”



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3. 31 July 2025 for members from diverse occupations in Songkhla Province of 35 participants (32 women and 3 men) at Khum Sai-ngam Hotel & Resort, Songkhla.

Reflection from participants:

“Knowledge should be promoted among the public so that people can be more informed and know how to manage themselves in their daily lives.”



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4. 14 August 2025 for members from diverse occupations in Khon Kaen Province of 30 participants (27 women and 3 men) at Vwish Hotel, Khon Kaen.

Reflection from participants:

“I would like to have more trainings like this, so we can share the knowledge with our communities and work together to address the problem of global warming.”



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5. 20 August 2025 for members from diverse occupations in Chiang Rai Province of 30 participants (30 women) at The Imperial River House Resort, Chiang Rai.

Reflection from participants:

“Today I am very glad to learn and realize that the cool weather will never return as I once thought. Even if we wait another 10 years, it will never be cool again like before. We must endure the heat as it is and find ways to adapt.”



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6. 27 August 2025 for members from diverse occupations in Nakhon Pathom Province of 32 participants (26 women and 6 men) at River Hotel, Nakhon Pathom.

Reflection from participants:

“Excellent!! I’m glad I joined today’s activity. I gained new knowledge about climate change and would love to see more activities like this organized again.”



All of the information collected will be analyzed and assessed to help identify solutions and ways forward for informal workers.